



2018
THE BOLD AND THE BEAUTIFUL
CARE PROVIDERS OKLAHOMA (CAHCP)
SPRING CONVENTION

APRIL 23RD - 25TH

EMBASSY SUITES NORMAN, OK

2018 Care Providers Oklahoma Spring Convention

**The Bold
and
The Beautiful**

Dust off your cowboy boots and hats partner!
Rumor has it, there's a party brewin'!

REGISTRATION BROCHURE



2018 Spring Convention Registration Information

April 23-25, 2018

ATTENTION ALL LICENSED ADMINISTRATORS:

NAB ID # is required before on-line registration can be completed. Register at www.nabweb.org – CE Registry or contact NAB Support at 202-712-9040.

REGISTRATON FEES:

One Day Administrator/Director

Early bird = \$299 member
Early bird not available for non-member
Regular = \$349 member
Regular non-member = \$449

One Day Staff/AIT

Early bird = \$149 member
Early bird not available for non-member
Regular = \$199 member
Regular non-member = \$299

Two Day Administrator/Director

Early bird = \$399 member
Early bird not available for non-member
Regular = \$449 member
Regular non-member = \$549

Two Day Staff/AIT

Early bird = \$199 member
Early bird not available for non-member
Regular = \$249 member
Regular non-member = \$349

Three Day Administrator/Director

Early bird = \$499 member
Early bird not available for non-member
Regular = \$549 member
Regular non-member = \$649

Three Day Staff/AIT

Early bird = \$249 member
Early bird not available for non-member
Regular = \$299 member
Regular non-member = \$399

Other Registration

- Early bird - March 9 thru April 6
- Regular - April 7 thru April 17
- Walk-in/On-site - April 18 thru April 25
- **ALL REGISTRATIONS MUST BE PAID IN FULL BY APRIL 18th.**

Early bird registration = Registrations received and **PAID** by **April 6** (date/postage stamped by April 6).

Regular registration = Registrations received **April 7 thru April 17** (date/postage stamped by April 17) OR any Early bird registrations not paid in full.

On-line registration closes Wednesday, April 17 at 5:00 p.m.

NO registrations accepted after 5:00 pm on April 17.

Walk-in registrations April 18 thru April 25 must **be paid on-site** and will be charged **\$200** over regular registration.

Continuing education hours will be adjusted for late arrival or early departure. All sessions must be attended in full. LATE ENTRANCE/EARLY DEPARTURE WILL RESULT IN NO CONTINUING EDUCATION FOR THAT SESSION. It is responsibility of person seeking continuing education to abide by continuing education process.

2018 facility/individual membership must be current (as of March 31) and in good standing to receive member prices. Facility/individual will be invoiced for incorrect registration fee.



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Continuing education will not be submitted for any unpaid registration.

All registrations must be paid by April 18.

Register and pay on-line at:

www.careoklahoma.com

If paying by check, make payable to CPO and mail to: CPO, 1201 N. Harvey Ave., OKC, OK 73103.

Convention Location and Lodging

- **Embassy Suites Norman Hotel & Conference Center, 2501 Conference Drive, Norman, OK 73069.**

Hotel rooms available at \$135 (single/double) using the **Code: HCP**. Call 1.866.577.1273 for reservations; **however, you must state you are attending the OAHCP Convention & Trade Show for our special rate.** Lodging link is available on our website: www.careoklahoma.com or at www.embassysuitesnorman.com.

- **Hotel cut-off is Sunday, April 8th.**

Convention Objectives:

The objectives of the convention are to provide quality, affordable education programs that are designed to inform and educate providers on the trends, regulations, and newest products and developments in Senior Living.

Convention Education Hours

Monday, April 23, 2018 - 5 hrs.

- Registration opens: 9:00 a.m.
- Meeting: 11:00 a.m. - 5:30 p.m.
- After party: 5:30 p.m.

Tuesday, April 24, 2018 – 6 hrs.

- Registration opens: 7:00 a.m.
- Meeting: 8:30 a.m. – 5:30 p.m.

Wednesday, April 25, 2018 – 4 hrs.

- Registration opens: 7:30 a.m.
- Meeting: 8:30 a.m. - 3:30 p.m.

Check-in not required each day after initial check-in but name badges are required to be worn daily. **There will be a \$10 charge for name badge/RFID tag replacement payable on-site at registration desk.**

Continuing Education:

We provide education programs for all disciplines in the senior care industry and encourage you to attend any of the sessions offered. All sessions will be submitted for approval to NAB for administrator continuing education. **Designated sessions for Certified Dietary Managers for continuing education will be conducted on Tuesday, April 24.** Sessions for Activities/Social Services and Environmental Services will also be conducted on Tuesday, April 24.



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NAME BADGES MUST BE WORN AT ALL TIMES DURING CONVENTION.

- 15 hours of continuing education will be available—5 hours Monday, 6 hours Tuesday and 4 hours Wednesday.
- This educational offering to be submitted (not yet approved) for review by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB). Approval will be indicated on CPO website at www.careoklahoma.com.
- Continuing education units, up to 12 total hours, will be submitted (not yet approved) to the Home Care Administrator Directory of the Oklahoma State Department of Health.
- Continuing education units, up to 4 general hours and 2 sanitation hours on Tuesday, April 24, 2018 will be submitted (not yet approved) to the Certifying Board for Dietary Managers.

Handouts:

- **An individual email per registrant must be provided** upon registration and handouts will be sent to email provided at least one week in advance for copying. Registrant should bring handouts to convention, if they choose. Be sure to check junk/spam file for handout email.
- **Handouts WILL NOT be available at convention.**
- Not all speakers will provide handouts for presentations.

Name Badge:

- Pick up at registration desk upon check-in.
- Name badges will contain an RFID tag and **MUST BE WORN IN VISIBLE SITE DURING CONVENTION HOURS TO RECEIVE CEU'S.** If name badge is not worn, no continuing education will be received.
- **There will be a \$10 charge for name badge replacement payable on-site at registration desk.**



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Unique NAB ID # Required:

All licensed administrators seeking continuing education **MUST** register and receive a NAB Unique ID number. Beginning April 1, 2018 all programs approved by NAB must submit attendees NAB ID number along with state license number to NAB.

To register go to:

www.nabweb.org/manage-my-account and following directions for CE Registry.

The number you receive should begin with the letter "R" with 7 digits unless you are an administrator with multi-state license then your number will start with OK +4 digits. If you have problems registering contact NAB at nab@nabweb.org or NAB Support at 202-712-9040. If you do not obtain a NAB number you will not receive continuing education.

Trade Show Admission:

- Trade show is open to only paid convention attendees wearing a name badge.
- Only paid exhibitors and sponsors of this convention are allowed to showcase their products to attendees.

Cancellation Policy:

- Cancellations received before Friday, April 6, 2018 will receive full registration refund.
- Cancellations received between Saturday, April 7 and Tuesday, April 17, 2018 will receive 50% refund.
- NO refund or credit available on or after Wednesday, April 18; however substitution is allowed.
- Contact CPO at (405) 524-8338 before April 17 for any substitutions. After April 17 substitutions will be handled on-site at the walk-in desk at convention.
- **Cancellations must be faxed 405-524-8354 or emailed to connie@careoklahoma.com before April 23, 2018.**

Opening Night Bison Ball:

Come join us Monday night after the education programs for a FUN night of festivities. Opening night celebration sponsored by **PharmcareUSA**.



2018 Spring Convention Registration Information

April 23-25, 2018

2018 Convention Layout

Monday, April 23, 2018

5 hours ceu's

9:00 a.m.	<u>Registration opens</u>
10:00-10:45	CPO Member Annual Business Meeting - <u>CRIMSON ROOM</u>
11:00	Educational Sessions Begin
11:00-12:00	1 hour ceu
12:00- 1:00	1 hour ceu
1:00 – 2:00	Boxed Lunch
2:00 – 3:00	1 hour ceu
3:00 – 3:30	Break
3:30 – 4:30	1 hour ceu
4:30 – 5:30	1 hour ceu
5:30	Adjournment
5:30	The Bison Ball – Opening Night Celebration

Tuesday, April 24, 2018

6 hours ceu's

7:00 a.m.	<u>Registration Opens</u>
8:30 a.m.	<u>DOORS WILL SHUT FOR PRESENTATION OF COLORS & NATIONAL ANTHEM</u>
8:45 – 9:45	1 hour ceu – Opening keynote – <u>All Attendees</u>
9:45 -10:45	Quality Celebration and Silver Spoon Recognition
10:45-12:00	Trade Show Opening
12:00- 1:00	Lunch and Drawings in Trade Show (must be present to win)
1:00 – 2:00	1 hour ceu
2:00- 3:00	1 hour ceu
3:00 – 3:30	Break and Drawings in Trade Show (must be present to win)
3:30 – 4:30	1 hour ceu
4:30 – 5:30	1 hour ceu
5:30	Adjournment

Wednesday, April 25, 2018

4 hours ceu's

7:30 a.m.	<u>Registration Opens</u>
8:30 – 9:30	1 hour ceu
9:30 -10:30	Trade Show
10:30-11:30	1 hour ceu
11:30– 1:00	Lunch and Drawings in Trade Show (must be present to win)
1:00 – 2:00	1 hour ceu – State of the Association Address
2:00 – 2:15	Break
2:15 – 3:15	1 hour ceu – Closing Keynote
3:15	Adjournment



2018 Spring Convention Registration Information

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Monday, April 23, 2018

University Ballroom

11:00 – 1:00

**SNF Payment Policy: The Roller Coaster Ride Continues:
Where we stand with Medicare Parts A and B**

Dan Ciolek, Associate VP, Therapy Advocacy – American Health Care Association

Medicare payment policy has been transitioning from fee-for-service payment models that are criticized for incentivizing volume over value - towards payment models that are based on patient characteristics, and that incentivize care that is lower cost while improving or maintaining clinical outcomes. Mr. Ciolek will discuss the current legislative and regulatory status of these efforts in transforming the Part A SNF PPS payment model as well as the Part B outpatient therapy coverage within the context of overall health care reform efforts.

This presentation will include a technical overview, as well as technical insights into, the Center for Medicare and Medicaid Service (CMS) proposed Resident Classification System Version 1 (RCS-1). This patient characteristics-based system would represent a fundamental departure from the current Resource Utilization Group (RUG-IV) prospective payment system. Mr. Ciolek will discuss the overarching RCS-1 goals and features, details related to each new component, and likely alterations in SNF operations that would be required to deliver services in the proposed system should it be implemented. Additionally, Mr. Ciolek will discuss the clinical and operational implications of the recently enacted permanent repeal of the Medicare outpatient physical, occupational, and speech therapy caps.

Sponsored by: AHCA

1:00 – 2:00

LUNCH – Boxed

2:00 – 3:00

Washington's Impact on Skilled Nursing Financing

Jason Almiro, Director of Healthcare Research, BOK Financial

There are so many financing possibilities and vehicles available for skilled nursing facility owners that it is sometimes difficult to discern which option is the best for the owner, buyer or developer. Compounding the problem is the rapidly changing regulatory/legislative landscape and the future direction of interest rates. In this session attendees will learn about the latest regulatory and legislative issues impacting the skilled nursing industry, the latest skilled nursing industry trends, and the implications of these on the financing of skilled nursing facilities. Attendees will also learn about the differing financing option (and which may be best for your organization) and who's currently lending and at what rate.

Sponsored by: BOK Financial

3:00 – 3:30

BREAK

3:30 – 5:30

Boldly Face Your Finances to Create a Beautiful Bottom Line

Jennifer Barboa, Mechelle Meyer and Carol Smith, BKD, LLP

Are you facing denials? Are you hoping for a better bottom line in 2018? You need to face your current challenges head on. Come join us during this session to hear the top mistakes providers are making that cause your claims to deny or cripple your bottom line. This time period will be used to talk about Oklahoma mishaps as well as some national trends that cause our industry to falter. Bring your billing questions and dilemmas to ask the experts how best to deal with the issues. Listen to tried and true practices that will improve your billing operation.

Sponsored by: BKD, LLP

5:30

ADJOURNMENT

5:30

The Bison Ball – Opening Night Celebration Sponsored by: PharmcareUSA



2018 Spring Convention Registration Information

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Monday, April 23, 2018

Sooner Meeting Room

11:00-12:00

Top Tag Deficiencies and Survey Simplification

Beverly Clark, MS, Interim Training Manager, **Susan Hays**, RN, Clinical Health Facility Surveyor
Protective Health Services, Oklahoma State Department of Health

Presentation will discuss frequent written tags and provide clarity of interpretation.

12:00 – 1:00

Quality Measures: Take Charge

Carol Smith, BSN, RAC-CT, Chair Board of Directors for AANAC & AADNS
Managing Consultant – BKD, LLP

Quality Measures are here to stay. The measurement of quality tied to reimbursement will continue to take many shapes but ultimately we must understand the components and our role in their management. There are multiple informational articles each day but what does it really mean and what actions(s) do I need to conduct to manage these changes. If these are concerns that keep you up at night “take charge”. Come hear in simple terms the strategies necessary for “taking charge of quality measures”.

Sponsored by: BKD, LLP

1:00 – 2:00

LUNCH - Boxed

2:00 – 3:00

QAPI: Out of the starting blocks

Melody Malone, PT, CPHQ, MHA, CDP, CADDCT, TeamSTEPPS® Master Trainer,
Certified Interact Champion, Quality Improvement Consultant, TMF Quality Innovation Network

Highly interactive, audience participation-required presentation to address root cause analysis, and how to implement quality improvement projects on daily basis in a nursing home.

Sponsored by: TMF Quality Innovation Network

3:00 – 3:30

BREAK

3:30 – 4:30

Reducing Readmissions through Seamless Transitions

Cathy Young, RN, BC, RAC-CT, Clinical Director
Phoenix Healthcare LLC

Preventing avoidable hospital readmissions is of growing concern for post-acute providers. Re-hospitalization is difficult for seniors and increases their risk for negative outcomes. It also directly affects the financial health and reputation of your facility. This course will help participants identify risk factors associated with re-hospitalization, identify and implement systems and approaches for reducing re-hospitalizations, and utilize tools for networking and collaboration to improve outcomes.

4:30 – 5:30

New MDS Regulations Effective October 1, 2018

Natashia Mason, RN, CMAC

October 1, 2018 is quickly approaching and the MDS item set will have some significant changes. With the addition of new questions in section GG, I, J & N, and the modification of section M, this breakout session will prepare you for these upcoming changes. This session will also feature the latest information presented at the 2018 AANAC conference.

5:30

ADJOURNMENT

5:30

The Bison Ball – Opening Night Celebration Sponsored by: **PharmcareUSA**



2018 Spring Convention Registration Information

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Monday, April 23, 2018
Boomer A Meeting Room

11:00-12:00

Power of Attorney Agent VS. Court Appointed Guardian

Michael DeYong, Attorney, Gina Cheatham, Attorney
DeYong & Cheatham, PLLC

This session will explore the functions of a Power-of-Attorney Agent for Residents. Particular attention will be paid to the reading and interpretation of language in a Power-of-Attorney document as well as the responsibility and limitations of a Power-of-Attorney Agent. The session will also discuss how a Power-of-Attorney Agent differs from a Court Appointed Guardian.

Sponsored by: **DeYong & Cheatham, PLLC**

12:00 – 1:00

Optimizing Medications for Elders Living in Oklahoma LTC Communities

Micki Craven, MS, RN, Quality Improvement Coordinator
OFMQ

This presentation will provide a brief overview of the “Less is More: Well-being Before the Med Cart” project, an OSDH CMP grant funded project awarded to OFMQ, in partnership with The Eden Alternative and OU College of Pharmacy, Pharmacy Management Consultants division.

Sponsored by: **OFMQ**

1:00 – 2:00

LUNCH – Boxed

2:00 – 3:00

It's Not OK to Fall

Julie Myers, DrPH, CPHQ, Oklahoma CMP Fund Program Manager
Protective Health Services, Oklahoma State Department of Health

According to the CDC, among older adults, falls are the leading cause of both fatal and nonfatal injuries. Each year, millions of adults aged 65 and older fall. Falls can cause moderate to severe injuries, such as hip fractures and head traumas, and can increase the risk of early death. Fortunately, falls are a public health problem that is largely preventable. Attend this session to learn how to prevent falls in your community through a person-centered, multifaceted approach. Participants will learn how to recognize and mitigate environmental safety hazards in personal and communal space, how to implement programs and activities that strengthen and increase mobility in older adults, and how to collaborate among departments, residents, and families to prevent falls. This session delivers an overview of the most current, evidenced based-practices for fall prevention among older adults in a community setting.

3:00 – 3:30

BREAK

3:30 – 4:00

The Importance of Oral Healthcare in the Facility

Dr. Sterling Stalder, Dental Care Provider
Sterling Dental

This presentation will review CMS final rules Phase I and Phase II in relation to the requirements regarding the loss of dentures and the financial responsibility of the facility. Discussion of good oral healthcare in the facility and how poor oral care causes loss of weight, dignity and can cause serious health issues.

Sponsored by: **Sterling Dental**

4:00 – 5:30

**Enhanced Medication Management and Antibiotic Stewardship in LTC:
Actionable Cost Free Programs**

Clay Bullard, President, Pharmacogenomics Educator
PGx Medical

Polypharmacy affects approximately 40% of elderly adults and has been a silent killer for years. Medicare funds are drained and the risk of adverse drug events and interactions increases with each pill prescribed. Drugs that are meant to improve patients' health have the potential to sometimes do more harm. In eldercare, we often believe that more drugs mean better treatment, but it is a ticking time bomb and can be very costly to the facility, resident and their family. Precision medicine is person-centered care and provides customized treatment options for individuals based on their genetic profile. This is critical for patients being prescribed the most care-intensive classes of drugs, such as cardiovascular and neurological drugs. It ensures a patient is prescribed a medication that metabolizes at the right speed and delivers the intended effect, avoiding risks and saving valuable time and money in treatment.

Sponsored by: **PGx Medical**

5:30

ADJOURNMENT

5:30

The Bison Ball – Opening Night Celebration Sponsored by: **PharmcareUSA**



2018 Spring Convention Registration Information

April 23-25, 2018

Monday, April 23, 2018

Boomer B Meeting Room – ICF-IID

11:00-12:00

Social Media for Individuals with Intellectual Disabilities

Dana Carter, Director of Communications – Care Providers Oklahoma

Social media has many pros and cons. The downside can be extremely dangerous if the proper precautions are not taken. Take a journey through the dangers of Social Media for individuals with disabilities and learn how to teach safe social media practices.

12:00 – 1:00

Top Ten ICF-IID Deficiencies & the Survey Process

Pam Dean, ICF-IID Surveyor, Protective Health Services - OSDH

Patty Smith, ICF-IID Surveyor, Protective Health Services - OSDH

Attend this session to review the Top Ten ICF-IID citations, discuss current survey trends and participate in meaningful dialog with the ICF-IID Surveyors.

1:00 – 2:00

LUNCH – Boxed

2:00 – 3:00

Managing Behaviors in Clients with Intellectual Disability: The Power of Prevention, and Other Tools

Dr. Sarah Coats, Ph.D., Board Certified Neuropsychologist

In this presentation, we will explore behavior management techniques that can be helpful in working with clients with intellectual disability. We will focus on prevention techniques, and strategies to minimize problem behaviors in this population before they escalate. Attention will also be paid to behavior modification techniques.

3:00 - 3:30

BREAK

3:30 - 4:30

Comprehensive Functional Assessments....Where we are and where can we go?

Consuela Logan, LNHA – Billings Fairchild Center

This session will be a roundtable discussion over best practices with providers. Providers are **ENCOURAGED** to bring copies of assessments to the presentation to learn and grow from each other. This session will also provide discussion of regulations behind CFA and what we can do as providers to improve.

4:30 – 5:30

Active Treatment – Beyond the Basics

Antoine Smith, Administrator, Westview Living Center

There are a lot of innovative and exciting active treatment programs going on out there....Bring your best practices and unique ideas to share. We can review the regulations that we are all faced with meeting and share how we go above and beyond to provide excellent programs for our clients, prizes for participation and innovation. Let's cover all training areas and populations – different size buildings, ages, varying levels of mental and physical disabilities, locations of homes, medical needs, etc. We would love input from Q's, nurses, direct care staff, administrators, etc.

Sponsored by: Diakonos Group

5:30

ADJOURNMENT

5:30

The Bison Ball – Opening Night Celebration

Sponsored by: PharmcareUSA



2018 Spring Convention Registration Information

April 23-25, 2018

Tuesday, April 24, 2018

University Ballroom

ALL ATTENDEES

DOORS WILL CLOSE AT 8:30 A.M. FOR PRESENTATION OF COLORS

8:30 – 8:45

Presentation of Colors, National Anthem, and Welcome

8:45 – 9:45

Opening Keynote

Surviving the Business with Humor

Cat Selman, BS, President & Co-Owner

The Healthcare Communicators



Would you say that health care providers have a slightly "warped" sense of humor?? Let's face it! We laugh at situations that others would find horrifying! It doesn't mean that we are unprofessional, uncaring, or insensitive. Those "light moments" help us get through an extremely stressful or painful time, and allow us "longevity" in this industry. This session takes a look at the humorous side of health care. Through the humor we see very real resident/client issues and what we, as providers, should have in place to meet those issues. Utilizing humor and laughter, participants will learn necessary techniques to maintain a balance in providing care that is both meaningful and realistic. Cat ends this session with a "Jeff Foxworthy-take" on the "Top 10 Ways" you can tell you work in health care. Let's face it - without humor, how else are you going to survive?

9:45 -10:45

Care Providers Oklahoma Quality Celebration - ALL ATTENDEES

This presentation will instruct participants on how to successfully compete and earn recognition for the quality work being completed by their employees at their facilities. This session will also offer tips on how to use these award recognitions to gain positive local publicity. Care Providers Oklahoma (CPO) will recognize 2017 and 2018 national and local award winners for their commitment, innovation, leadership and teamwork and celebrate their dedication to the people in their care. ***CPO Platinum Sponsor, US Foods, will recognize the 2018 Silver Spoon Challenge nominees and finalists. In addition, US Foods will share how they turned their dietary competition into a 3 hour educational offering.***

Nico Gomez, President/CEO – Care Providers Oklahoma

Chef Liz and Chef Rob – US Foods

10:45-12:00

TRADE SHOW OPENING

12:00- 1:00

LUNCH IN TRADE SHOW

1:00 – 2:00

EDUCATIONAL BREAK-OUT SESSIONS BEGIN



2018 Spring Convention Registration Information

April 23-25, 2018

Tuesday, April 24, 2018

University Ballroom

1:00 – 3:00

Transformational Change: Designing, Implementing and Sustaining Person-Centered-Care and Resident-Choice

Ray Miller, MSOSH, Director of Risk & Safety Solutions - Direct Supply

We've learned many lessons in striving to ensure that person-centered-care and resident choice remain our "standards of excellence". One of those major lessons learned is that all things – the RESIDENT, quality of life, quality of care, staff, environment, leadership, community, ALL departments and compliance – are linked.

Using the HATCh™ model, we'll discuss those links and apply key principles impacting the journey from an "institutional care model" to an "individualized care model" -- a Culture of Care, Safety and Choice.

3:00 – 3:30

BREAK

3:30 – 4:30

Sexual Harassment in the Workplace

Lyn Watson, SHRM-SCP – Sr. Vice President of Coaching & Training
Strata Leadership

Sexual harassment training is imperative for protecting your company from costly fines and a damaged reputation. Your business can be hit by fines plus legal fees for defending a workplace harassment lawsuit. This presentation will provide information on the importance of training, documentation and posted anti-sexual harassment policy.

4:30 – 5:30

Preventing Drug Diversion in LTC

Gara Wilsie, D.Ph., Regional Director of Business Development
Remedi Senior Care

The opioid crisis in the US increases the need for LTC facilities to pay special attention to the risk of drug diversion (specifically scheduled narcotics). This presentation will offer suggestions for policies and procedures to decrease risk of diversion, how to identify patterns indicating possible diversion and ideas for monitoring when possible diversion is identified.

Sponsored by: Remedi Senior Care

5:30

ADJOURNMENT



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Sooner A Meeting Room – Activities/Social Services

1:00 – 3:00 **CMS RoP & Surveyor Guidance for Activities and Social Services**
Cat Selman, BS, President & Co-Owner
The Healthcare Communicators

This session will detail the numerous responsibilities of the Activities & Social Services departments as mandated in the new requirements. Here are the realities: more focus on Residents' Rights and Resident Council; more focus on services and programming provided for those who have dementia; more focus on abuse & neglect; more focus on person-centered care and choices; more focus on discharge planning; more focus on medically-related social services; more focus on the reduction of antipsychotics (psychotropics); more focus on care planning; more focus on quality of life; more focus on behavioral services; more focus on competency skills, training (qualifications), and sufficient staff; AND a new survey process has been introduced by CMS. We are seeing more deficiencies on programming, care planning and insufficient staff than we ever have before. Come and learn as Cat provides guidance on systemic facility process and survey focus, as well as compliance recommendations.

3:00 – 3:30 **BREAK**

3:30 – 4:30 **CMS RoP & Surveyor Guidance for Activities and Social Services**
continued
Cat Selman, BS, President & Co-Owner
The Healthcare Communicators

4:30 – 5:30 **Activity Programming: That's a GREAT Idea**
Cat Selman, BS, President & Co-Owner
The Healthcare Communicators

Cat is often asked, "Do you ever run out of activity ideas?" And the answer is a resounding "NO!" How does one continue to discover "new," individualized activities and assure their success? Thinking "outside the box" simply means being creative; approaching everyday situations and activities in new ways. Many facilities have embarked on a journey to improve their activity programs, and the way residents, families, and communities view them. Most programs strive to be more engaging, interesting, satisfying, and stimulating, providing innovative activities that go way beyond bingo; while keeping in mind the individual interests and preferences of residents. With limited budgets and limited staff resources, how can providers offer daily activity programs that are individualized and designed to promote the highest level of independence for each person? Come and join Cat as she shares exactly HOW we can solve "old" problems in "new" ways...

5:30 **ADJOURNMENT**



2018 Spring Convention Registration Information

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Sooner B Meeting Room - Dietary

1:00 – 2:00

Too Good to Waste – How Food Waste Management Can Benefit You

Jared Hogan, Corporate Chef & Culinary Healthcare Specialist

Nichole Burnett, MS, RD, LD, Healthcare Specialist

Graves Foods

Would you ever consider throwing away money? Unfortunately it happens every day in healthcare facility kitchens. Join Chef Jared as he explains how habits in the kitchen are likely affecting your bottom line. Learn how to recognize excessive waste and identify strategies to regain control.

Sponsored by: Graves Food

2:00 – 3:00

Basic Knife Skills

John Harrison, BS, CDM, CFPP, Executive Chef

Senior Health Strategies/Diakonos Group

Most dietary workers lack basic knife skills for preparing meals. Learning which knives to use, how to handle and care for a knife along with using the proper knife cutting technique for the job and learning to make the proper type of cut will assist attendees in limiting waste, reducing cost, work with knives more safely, reducing injury, increase job satisfaction by learning more skills, reduce preparation time and help make more attractive food presentations.

Sponsored by: Senior Health Strategies/Diakonos Group

3:00 – 3:30

BREAK

3:30 – 4:30

Dining Tips for Champions

John Carson, Owner

Joyce Clark, Director of Business Development, LNHA

Carson's Food Service Management

Presentation will discuss dining tips for: Improving dining services; Planning for an emergency or disaster; and Managing dietary department sanitation.

Sponsored by: Carson's Food Service Management

4:30 – 5:30

Bold & Beautiful or Ambiguous & Ugly Regulations: What You Need to Know

Pam Brummit, MA, RD/LD, President/Owner

Brummit & Associates, Inc

Revisions to the State Operations Manual Appendix PP effective November 29, 2017 will be presented. Procedures for utilizing the regulations in food and nutrition services will be discussed. Resources available to help with regulatory compliance will be presented.

Sponsored by: HPSI

5:30

ADJOURNMENT



2018 Spring Convention Registration Information

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Tuesday, April 24, 2018

Boomer A Meeting Room – Environmental

1:00 – 2:00

Life Safety Code Update

Brent Maroney, Life Safety Code Supervisor

Nakia Jackson, Life Safety Code Surveyor

Long Term Care Services – Protective Health Services

Oklahoma State Department of Health

Presentation will discuss Life Safety Code updates, waivers and top deficiencies.

2:00 -3:00

Surviving the Storms

Shane Cohea, Director of Safety, Security & Emergency Preparedness

Norman Regional Health System

Presentation will provide discussion on what was learned from the direct EF-5 strike at Joplin and implemented changes prior to an EF-5 striking Norman Regional Health facility resulting in zero injuries. Presentation will show business small and large how to build an easy, quick response to rapidly changing weather. Prepare today for tomorrow's disaster.

3:00 – 3:30

BREAK

3:30 – 5:30

Emergency Preparedness – Armed Intruder / Active Shooter

Ray Miller, MSOSH

Direct Supply

Post-acute care emergency preparedness and disaster prevention must always focus on the safety of residents, staff and visitors. This is most effectively accomplished when it is a process of steady vigilance, ongoing preparation, collaboration with internal partners, cooperation with external organizations, clear responsibilities for both individual and organizations AND ongoing practice and learning. The development of an Armed Intruder / Active Shooter annex for your existing EOP (*Emergency Operations Plan*) should be based on three fundamental steps: 1] risk hazard assessment, 2] policy and program development and 3] implementation and training. In this session we will focus on both the process and the fundamental steps outlined above.

5:30

ADJOURNMENT



2018 Spring Convention Registration Information

April 23-25, 2018

Tuesday, April 24, 2018

Boomer B Meeting Room – ICF/IID

1:00 – 2:00

Human Sexuality, Abuse, Rights, and Consent in Long Term Care

Julie Myers, Dr.PH, CPHQ, Oklahoma CMP Fund Program Manager
Protective Health Services, Oklahoma State Department of Health

According to the American Medical Directors Association, human sexuality is often overlooked in long term care facilities. Most facilities do not have a policy on sexuality; do not provide training to staff about addressing sexual behavior, or protocols for reducing harms from consensual sexual activities. Acknowledging that sexuality and sexual activities are normal aspects of being human is the first step toward creating policies that foster awareness, empathy, and protection for the residents in long term care. Participants will learn ways to talk about human sexuality with families and residents upon admission and throughout the residency. Attendees will also explore ways to draft policies appropriate to their facilities and to educate staff on addressing sexual behaviors to prevent abuse and reduce harms among consenting adults. This session delivers an overview of the most current, evidenced based-practices to promote resident rights, normalize aspects of human sexuality to improve attitudes about human sexuality among staff and families, and provide information about policies facilities may implement to reduce potential litigation and protect resident rights.

2:00 – 3:00

Cultivating Bold and Beautiful Relationships: Strategies for Employee Retention

Stephanie Behlke Leigh, EdD, LCPC

This informative seminar will explore innovative techniques used for employee retention. Attendees will be introduced to a variety of strategies for their consideration. Explore various programs implemented at a provider agency to enhance retention. Learn how to use relationship building techniques and concepts from the field of positive psychology to deepen investment and meaning for employees.

3:00 – 3:30

BREAK

3:30 – 4:30

Turn Your House Plants into Terrariums; How to Promote Self-Growth within Direct Support Staff

Stephanie Behlke Leigh, EdD, LCPC

This experiential session will introduce you to techniques that assist with training and engaging direct support staff. It is critical that we invest time in developing our direct support staff and promote efforts around appreciation and recognition. We are all experiencing staff shortages for direct care positions; it is vital to practice intentional leadership now more than ever. This session will address creative ways to retain and grow direct support staff. Clinical techniques and interventions are adapted to promote self-exploration and job satisfaction within direct support staff. This session is designed to provoke thought and creativity in hopes that the suggested inventions can be adapted and used with your direct support staff.

During the question/discussion portion strategies will be discussed to work with specific issues that will be brought up by the participants during the presentation.

4:30 – 5:30

What is the Sound of Your Organization? A Seminar about Promoting a Flourishing Culture

Stephanie Behlke Leigh, EdD, LCPC

This engaging seminar will provide the exploration of concepts within the framework of positive psychology. Attendees will identify behaviors and ways of thinking that lend themselves to the development of a positive perception of self and the workplace. Furthermore these concepts can be expanded to be applied beyond just the self and the team. When practiced faithfully, changes can impact people served and the organization as a whole. The presentation offers an introduction to how positive psychology tenets provide a guiding philosophy which can be used to anchor decisions and clarify values.

5:30

ADJOURNMENT



2018 Spring Convention Registration Information

April 23-25, 2018

Wednesday, April 25, 2018

University Ballroom

8:30 – 9:30

CMS RoP: Facility Assessment

Cat Selman, BS, President & Co-Owner

The Healthcare Communicators

“Facility Assessment” is mentioned more than 90 times in the new requirements/surveyor guidance. Surveyors are continually instructed to review the facility assessment in regard to quality of care, quality of life, sufficiency of staff, and staff competency skills. Is your facility assessment reflective of your population, staff, and skill sets? Does it contain all the necessary components? In this session, Cat will cover all the necessary components of the Facility Assessment as required by CMS. She will also conduct a “walk-through” of this document utilizing the CMS Facility Assessment Work Tool.

9:30 -10:30

TRADE SHOW

10:30-11:30

CMS RoP: Behavioral Health & Emotional Status

Cat Selman, BS, President & Co-Owner

The Healthcare Communicators

Facilities will be assessed to determine if they are providing necessary behavioral, mental, and/or emotional health care and services to each resident. Included in this would be person-centered, non-pharmacological approaches to care. CMS expects staff to understand the underlying causes of behavioral expressions and indications of distress, as well as having the training and competency skills to deal with these issues. Trauma-informed care will also be a focused area of the survey. Let’s be honest - we are admitting more and more residents who have mental, emotional, and behavioral issues. Are we prepared for CMS’ focus in this area? Come and learn as Cat outlines the specifics regarding survey focus.

11:30- 1:00

LUNCH IN TRADE SHOW

1:00 – 2:00

State of the State Address

Brett Coble, Board President – Care Providers Oklahoma

Nico Gomez, CEO/President – Care Providers Oklahoma

This presentation will discuss the current political and economic environment impacting the industry including but not limited to skilled nursing facilities, ICF/IIDs and assisted living facilities at both the state and federal level.

2:00 – 2:15

BREAK

2:15 – 3:15

A Dose of Healthcare Humor

David Glickman, CSP, CPAE, Laughter Crafter

This program is designed to serve as a tool for stress reduction in the healthcare workplace. By examining the humor that can be extrapolated from even the most stressful work-related scenarios, the attendees will discover how to “look for the humor” when faced with these situations. Attendees will learn how to “find the funny” in stressful work situations.

3:15

ADJOURNMENT